



Church of St. Patrick
**Prayer Shawl
Ministry**

An Invitation

If you knit, you are invited to help create prayer shawls for our parishioners who are experiencing illness. This new ministry will be a visible sign of the prayers and support of our parish. They will be a reminder of God's peace and love which brings comfort and solace to those who are sick.

How to Get Started

Knitting instructions for the shawl are provided. Before beginning to knit, pray that you will be sensitive to the leading of the Holy Spirit as you work. In addition to praying for the recipient as you knit, you may want to pray over the skeins of yarn before you begin and the shawl when it is complete. Pray for the person who will be receiving the shawl and ask the Lord to bless, heal, anoint and guide the person. Pray for family members and for all those who come into contact with the recipient.

A Prayer for the Recipient

Dear Heavenly Father,

Be with the person who will wear this shawl each day. Comfort and console them as you hold them in your healing presence. May this shawl be a sign of your love and grace. May this shawl bring warmth when they are weary. May it surround them cover them with love to ease the pain and suffering. Oh Christ, be with the doctors, nurses and all who care for the sick, May your strong touch reach out to heal all the broken and hurting people and places in our world. We ask your blessing on the prayer shawl and the person who will wear it.

In Jesus' Name. Amen.

Nine Blessings

by Cathleen O'Meara Murtha, DW

I call nine blessings from above.
In the name of God: the creator,
the giver of life, the holder of time.
In the name of Jesus: the savior,
the healer, the lifter of pain.
In the name of the Spirit: the comforter,
the consoler, the sustainer of life.

I knit a mantle of caring
I knit a mantle of protection
I knit a mantle of wholeness

I knit a mantle of strength
I knit a mantle of healing
I knit a mantle of patience

I knit a mantle to enfold you
I knit a mantle to encircle you
I knit a mantle to empower you.

O Christ, who healed the broken in body and spirit, be with all who suffer today. Be with the doctors, nurses, technicians and all that care for the sick. Be with families and friends of those who love and comfort the sick. May your gentle yet strong touch reach out to heal all the broken and hurting people and places in our world.

I ask this in the name of Jesus Christ our Lord and Savior. Amen.

If you would like to be a part of this ministry or have questions, please contact: **Patti Brady** at 952-941-3164, or pbrady@stpatrick-edina.org

