

SouthWest
Options
for Women

Pregnancy Resource &
Parenting Education Center



Please bring an item to the Women Doctors of the Church Retreat to donate to SouthWest Options for Women.

Here is what is needed:

- Bibs
- Boppy pillows
- New infant car seats
- Diapers size Newborn (N), 5 and 6 only
- Pack-n-play sheets (NOT crib sheets)
- Baby lotion
- Diaper rash cream
- Baby towels and washcloths
- Comb/brush sets
- Teething toys
- Swaddlers
- Clothing: newborn, 0-3 months & 9 months for both boys and girls
- Target and Walmart gift cards
- Monetary donations