

Introduction to Ignatian Spirituality Series ~ St. Patrick's

October 7:

Title: *An Introduction to Ignatian Spirituality: Where is the Spirit Guiding Me? Come and See!* **Description:** This evening offers an overview of Ignatian spirituality. This includes its invitation to awaken to the sacred in everyday life and call forth a deeper relationship with God. The evening will engage participants in guided prayer experiences drawn from Ignatian spirituality. You will come away with prayer tools you will be able to use at home.

Presenter Biographies: Patricia Sauer and Ken Lucas.

Patricia Sauer: Patricia's life was transformed when she was introduced to Ignatian Spirituality six years ago. She is an Ignatian Associate in the Twin Cities. Patricia and her husband Gary are co-founders of the Sauer Family Foundation and have been married for 60 years. They have four children and nine grandchildren.

Ken Lucas: Ken is passionate about Ignatian Spirituality. He's passionate about it because of the unique way it helps us pay attention to God's movements in everyday life. Furthermore, Ken recognizes how the Ignatian way serves as a capstone to his academic training at Princeton Theological Seminary. When Ken is not swimming in the waters of Ignatian Spirituality, you can find him coaching one of his three sons' soccer teams or spending time with his wife of 18 years.

October 14:

Title: *Discernment of Spirits: An Ignatian Approach to Discerning God's Will and Callings*

Description: St. Ignatius of Loyola - the founder of the Jesuits - believed that God speaks to us as individuals through our inner thoughts and feelings. But obviously not all our thoughts and feelings are from God. St. Ignatius gives us some helpful tips to discern which of our inner thoughts and feelings are from God and which are not. This helps us discover what is God's will for us and what God is calling us to at different times of our life. This presentation will explore St. Ignatius' wisdom for discernment.

Presenter Biography: Fr. Warren entered the Jesuits in 1964 and was ordained in June 1977. He has Master's Degrees in Pastoral Counseling, Philosophy and a Master of Divinity. He became the Pastor of St. Thomas More in June, 2016 and retired in June, 2022. He has enjoyed his 50+ years as Jesuit and is grateful for the various ministries he's been called to that have provided opportunities to make a difference in the world and in peoples' lives.

October 21:

Title: *Finding Freedom in God: An Invitation from St. Ignatius of Loyola*

Description: In a world that often confuses freedom with limitless choice, St. Ignatius of Loyola offers a deeper and more liberating vision. This talk will explore the foundational principle of Ignatian spirituality—the Principle and Foundation—as a guide to discovering true freedom by orienting our lives toward God. Through reflection, storytelling, and practical application, we will consider how this spiritual insight can help us live with greater clarity, purpose, and inner freedom in our daily lives.

Presenter Biography: Brother Ralph Cordero earned his Doctor of Optometry degree from Ohio State University in 1990 and practiced optometry for 10 years before joining the Society of Jesus in 2000. As a Jesuit, he completed graduate studies in math and theology at John Carroll University and the Jesuit School of Theology in Berkeley. He currently serves as Minister/Instructor/Spiritual Director at the Jesuit Novitiate in St. Paul, Minnesota.

October 28:

Title: *Finding God in All Things*

Description: One of the common expressions associated with Ignatian Spirituality is "finding God in all things," a phrase meant to capture a vision of how God operates in the world. St. Ignatius wants us to understand that God is always active in human lives and in the world and can be experienced anywhere and everywhere.

This evening will include teaching about this fundamental principle of Ignatian Spirituality, including an introduction to two Ignatian prayer practices – the *Examen* and the *Contemplation for Learning to Love Like God* – which open us to "finding God in all things."

Presenter Biography: Susan Stabile is a spiritual director trained in the Ignatian tradition and has significant experience giving retreats and other programs of spiritual formation as well as offering individual spiritual direction. She currently serves as a Distinguished Senior Fellow at the Saint Thomas University School of Law and Adjunct Instructor in Theology at St. Catherine's University. Susan also teaches in Sacred Ground Center for Spirituality's training program for spiritual directors.

